



Study of Holland's Theory of Effect of Feedback on the Quality of Life for Spouses of Addicts

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ABSTRACT: Holland's theory of interest in the present study the effect of feedback on the quality of life for spouses of addicts is done. The study population consisted of 30 spouses of addicts admitted to Congress that 60 of the 91 randomized assignment to experimental groups and one control group (n=10 each). Based on the results of the test seem to relish the feedback effect theory of partner's interest in the Dutch addicts, along with training on quality of life to be effective .

Key words: Holland's theory, Quality of Life, Wives of Addicts

INTRODUCTION

In this stressful and alternative world it is vital to make protective-emotive system. In a battle occasion it is easier to conform to surrounding pressure when we feel somebody encouraging us. When we face frustrations, problems, worries and dejections it is easier to oppose them if we feel somebody's supporting. Otherwise, it makes more difficult to defeat them. Actually, when our family doesn't support us and even they disappoint, reproof, feud and annoy us we react to pressures unusual. Thus, it is vital for them to support us and act positively (Shafer, 1996).

Researches done about causes of repulse of addiction to drugs showed that ingredients regarding to not permanent therapy dividing to two individual and environmental ingredients. Individual ingredients dividing to mental and physical causes and environmental ingredients cause dividing to familial, social and therapeutic causes. Physical ingredients are infirmity, pain, unsleeping and sterility. Mental ingredients are not having confidence, temptation, ennui and psychoneurosis.

Life quality

The WHO (World Health Organization) defined life quality as: people discernment from their position in life culturally, value system which they live in, their aims, expectations, standards & preferences. So it is absolutely individual and is hidden from others' eyes and is stable on individual's discernment of life aspects (Bonomi et al., 2000).

Nowadays, human life quality is has extended dimensions and, as it is going, in the near future it will become more complicated and extended. This complexity and epidemic of it came from enhancement of human's awareness to either hidden or visible elements of life which made it changed.

Table 1. constituent aspects & dimensions of life quality that has given by the WHO.

Dimension	Aspect
Physical health	general health, pain and irritation, energy and boredom, sex, sleep and relaxation
Mental health	Positive sentiment, sensory operation, learning, memory and mindfulness, self-regard, body image and negative apparent & sentiment
Independence level	Mobility, life daily activity, addiction(to drugs or something else), communication capacity
Social communications	Close and sentimental communicate, social aids, activeness as a patron
Environment	Protective and physical protection, home environment, work contentment, financial resources, sanitary and social cares, probabilities for learning new skills, probabilities for entertainment activities, transport
Spiritual dimension	Spirituality, religion and personal creed

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Life condition is one of important health outcomes that it is important to attention to it in such a cases like evaluation of health interventions and measurement Life quality is defined in terms of satisfaction level hierarchical needs of a specific population and the quality of life is going higher if consent of majority required to meet went higher (Aminjafari, 2010).

There are different theories about life quality. Some scientists suggest that only if several dimensions of health be measured simultaneously, we can nominate it health quality. Some people believe that there is not a single definition that is useful in communities in all of disease phases (Nejat, 2008).

Scientists believe that checking of life quality and trying to promote it has an important role in the health personal and social life (Cynthia, 1998).

Ways of improve life quality

One of those who assayed on factors affecting on life. He distinguished on one of his researches that it is 2 factors that influences on life quality: 1: first is instrumental and reflects personal house and family situation; 2: second is relational and reflects interpersonal communication quality.

These 2 factors are similar to second and third 2 needs, i.e. need to protection and need to intellection and love. This issue shows the important dimensions of life to improve life quality. In a word, for improving life quality the improvement should be exist in all dimensions of life. In this outlook, human is constantly adapting his aims, expectations and personal values with environment condition. Thus life satisfaction is a stream not a consequence. Being satisfied from life is came from the lack of contrast between the values and aspirations of the individual, his skills and his real life conditions (Goodman, 1997).

Husband addiction to drugs can result in many psychological problems of their husbands. Qua outbreak of psychiatric syndrome in addict's wives were significantly higher than non- addict' wives (Mohammadkhani et al, 2010). Study of Khajeh (2010) showed that happiness training methodology behavioral was affective on subjective well-being & life quality of married women. It is noteworthy that in this study the educational agendas were: activity enhancement techniques, self-being enhancement and increasing social communications.

Statistical population

Populations that we study are addict's wives who turned to Isfahan 60 congress. The sample are 3 addict's

wives that we randomly put 10 persons in examination group 1, 10 persons in examination group 2 and 10 persons in witness group.

Sample size

In this research, we used from available random sampling. In this research, members of sample were selected randomly from women who turned to Isfahan 60 congress. In one briefing session about holding the meetings, described the purpose of the research for them. Of those who were willing to appear in these meetings, 36 persons of them were in age range of 20 to 55. We had 3 group of 12 persons but in this time, 2 persons declined to appear and randomly eliminated 4 persons else. At last number of persons of each group receded to 10 persons. So we had 3 groups of 10 persons.

Data analysis manner

Data is analyst by using test unilateral covariance analysis testing & descriptive statistics inclusive average and standard deviation and using of SPSS software.

Statistical analysis theories

First hypothesis: Feedback of interests to addict's wives is effective on promotion of their life quality.

Table 2 showed that covariance analysis test posttest. As we see, it is a significant relation between pretest and posttest ($p = 0.0001$) because only pretest has relation with life quality marks, thus pretest is variable confounding and should be controlled.

Table 2. covariance analysis of influences of feedbacks on addict's wives life quality.

Source of changes	Total quadrates	Degage degree	Average of quadrate s	F	Significance	Quantity Of effect	Statistical ability
Life quality	17810.030	2	8905.015	8.606	0.001	0.398	0.948
Group	41114.630	1	41114.630	39.733	0.0001	0.604	1.000
Error	26904.270	26	1034.780				
Adjusted total	91196.967	29					

Substantially, that part of the variance of life quality marks that are referring to pretest are subtracted from its total variance marks. In other word pretest as a variable synchronous enter in covariance analysis to eliminate its effect from posttest. Therefore, covariance analysis as a parametric test is used for control the effect of pretest. Nevertheless, even after controlling pretest effect, life quality mark between this

3 groups posttest has a significant difference, so the research hypothesis in ($p = 0.0001$) level is accepted and feedback of interests is effective on life quality.

Second hypothesis:

Feedback of interests as a group is effective on life quality improvement.

Table 3 showed in dual comparison between these 3 groups, collective training had the most influence on addict's wives life quality. Average of collective posttest is more than control and individual groups. Thus, the hypothesis is accepted on ($p = 0.001$) level and the feedback of interests were effective on life quality.

Table 3. Dual comparison between 3 group of: individual, collective and control.

Group	Group	Average of quadrates	Standard deviation error	Significance degree
Control	collective	51.963	14.418	0.001
	individual	0.407	14.767	0.978
Collective	control	-51.963	14.418	0.001
	individual	-51.556	14.580	0.002
individual	control	-.407	14.767	0.978
	collective	51.556	14.580	0.002

DISCUSSION

First hypothesis

Feedback of interests on addict's wives is effective on them life quality improvement. According to table (3) the research hypothesis is accepted on ($p = 0.0001$) level and feedback of interests were effective on life quality. It should be noted that the researches that have been done about interest so far was in the occupational field but it have been done several researches in the life quality field and their results are similar and parallel to result of this research based on this that all of therapeutic manners were effective on life quality improvement. Some of these therapeutic manners are:

Jozedanitabaei (2000) in a research under the title: "the effect of life skills training on amount of stress and life quality of deaf child's mothers of primary school of Isfahan city"

This research showed that life skills training was effective on decrease of deaf child's mothers stress and increase of their life quality and caused the individual and society mental health.

In Nasrazadani (2012) research studied effect of collective rehabilitation counseling with the approach of logo therapy on the life quality in M.S(Multiple Sclerosis) patients of Isfahan city. Results showed that collective

counseling with the approach of logo therapy is effective on improving the life quality in M.S patients. Also this approach to improving components of life quality including: physical operation, limitation of role performance due to physical problems, limitation of role performance due to sentimental problems, energy and succulence, mental health, social operation, physical pain, general health, anxiety about health, heuristic operation, sexual operation and life satisfaction, was effective.

In Dadari research (2012) he posed the effect of life skills training on life quality improvement of street children of Isfahan city. Results showed which life skills training effects on them mental dimension of life quality.

Rebecca et al. (2011) in a study about the relationship between meaning in life with life satisfaction and life quality of older adults discovered the acquisition of meaning ways in life has a strong relation with gratification increase, satisfaction and life quality.

Second hypothesis

Feedback of interests as a group(collectively) is effective on addicts' wives life quality improvement as is determined in table (4), the research hypothesis in ($p = 0.0001$) has been accepted and feedback of interests collectively is effective on addicts' wives life quality. Self analysis is an important factor on learning environmental interactions, individual's suitability with the environment and processing of cognitive information (Zoneker, 2006). the feedback of interests can be an important step in the knowledge field and a meaning for life is found in the self realization group.

In a research which Rezaei, Tabrizi and Shafieabadi done as the topic of: affection of group logo therapy on promotion of women health. Results of research show that logo therapy is effective on decrease of depression and anxiety.

Grepmy et al. (2008) in a research dine with the topic of: affection of collective logo therapy on decreasing the signs of mental health problems in women with breast cancer, they showed that collective logo therapy cause decrease of psychopathic like: physical moan, allergy in interpersonal relations, depression, anxiety, aggression and fear disease.

Golami, et al. (2009) did a research about "affection of collective teaching logo therapy on female thalassemia patient's life expectancy and general health".

The results of research showed that collective teaching logo therapy can cause improving major

Thalassemia patients' life expectancy and general health. Beller researches (2004) showed that collective teaching logo therapy & keeping on it for some time can has an effective role in decrease of depression and also improving expectancy in juvenile depression patients.

Shek (2002) in a research with the subject of relation of life meaning and its subscales(life quality & life purpose) that he did with psychological well-being the result showed that life quality and its two subscales has a significant relation with all factors of psychological well-being and is effective on individual's life quality level discussion

Different researches implies that addicts are being failed in addiction treatment programs and those who succeed , cant remaining stop using drugs since the wives of addicts complain from their life satisfaction and have low well-being and life quality level , it is very important to search a way for improving their life quality despite them. Frustrations and stresses the withdrawal process face problems.

On the other way, as regards to facilitate the withdrawal process and maintain un-addicted family support, especially spouse is important, seems that we need to teach them so they can manage them and their family problems better.

One of the manners to do it, which in this study mentioned. Is feedback of their interests which pave the way for self-analysis and satisfaction of interests and increase sense of efficacy and self-esteem, Also in critical conditions it can improve adaption of addicts' wives for regulation of adverse condition and increase them and their family happiness. Analysis of multi variety covariance in order to check the synchronized variables showed that test group, after average regulation and meddler variables controlling, totally had a significant increase in comparison to control group. According to posttest results seems that feedback of interests effect on addicts' wives, according to Holland interests hypothesis with teaching is effective on their life quality. Results of this research can indirectly give a big help to therapy and treatment of addict's wife. Also it cans simple decrease damages caused by addiction dilemma. In the all of family members and it can other people' accept to addicts. Innovation and authorship are advantages of this study that we can practically use from the results of these researches in individual consultation of addicts' wives and in therapy group of addicts' families who turn to consultation centers & withdrawal clinics and humanity organizations referring to addiction problem.

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